



Rate your **CAMP** Performance

Attending a College Camp? Camps should be treated it like an audition or try-out; your objective is to shine and Make an Impact. The suggestions below might appear trivial or even silly, but they could truly make a difference, sometimes even more than your performance on the field, So why not give them a shot? At the conclusion of each camp, take a moment to complete this assessment and track your progress.

Make sure to evaluate yourself with honesty.

- • Follow the Team on Twitter (1)
- • Always send an email to Coach(es) prior to attending a camp (2)
- • Have fun! It will show on your face (1)
- • Always send an email to Coach(es) after attending a camp (2)
- • Provide the Coach(es) with your name and shake their hands before taking a picture / Thank them afterwards (2)
- • Always be hustlin' - never be the last one on the field/dugout (2)
- • Get out of your comfort zone and talk to the players / coaches, engage with the players and ask questions! (3)
- • Be loud and encouraging to your fellow campers / get noticed outside of 'your turn' - celebrate others' success (3)
- • Camp homework - What type of schedule is the camp, how many participants, what age range? (3)
- • Take chances - on the bases, on the field, get dirty, GO ALL OUT!! (during warm-ups, base-running, etc.) (3)
- • Always be the first to volunteer for drills & demos - be memorable, take the initiative! (3)
- • Extra Credit - Study team stats, be familiar with players, record, info about coach (how long they've been coaching, etc.) and bring these things up if you have an opportunity to interact with players/coaches (5)

Total Score

out of **30**